Overview

Western Herbal Medicine is one of the oldest systems of medicine. It is increasingly being validated by scientific investigation which seeks to understand the active chemistry of the plant. It uses botanicals as medicine for individualised treatment protocols and with a mixture of traditional and evidence base research. You will gain skills in how to operate your own Western Herbal dispensary, blend herbal medicine and make poultices and other remedies.

This course will engage you in all aspects of Western Herbal Medicine, dietary advice, phytotherapy and the manufacturing and processing of plant materials for optimum therapeutic use.

New Integrated Patient Centered Curriculum

With the aim of establishing successful clinical practice, from their first year, students begin clinical training as observers within an industry network. This integration of multiple basic science disciplines with practical case studies, supports students in learning how the disciplines work together to support various body systems.

You’ll learn to:

• Provide clients with modern Western Herbal Medicine remedies and applications
• Provide clinical skills and educate people in how to use their Herbal Remedies
• Apply herbal treatment and dietary planning principles from an evidence based approach
• Develop the entrepreneurial skills essential for establishing a dynamic thriving clinic
• Blend unique mixtures of herbal preparations specially tailored to your clients individual needs

Career Opportunities

• Herbalist in private practice or at a clinic dedicated to Western Herbal Medicine
• Western Herbal medicine spokesperson/advisor
• Product development and specialist advice
• Health professional, author, journalist, health writer, public speaker
• Educator in Western Herbal Medicine
Accreditation
This qualification is nationally recognised under the Australian Qualification Framework (AQF). It is also accredited with ATMS (Australian Traditional Medicine Society), which is the largest professional association for natural therapies in Australia. Australis also has accreditation with the CMA (Complementary Medicine Association) as well as the IICT (International Institute for Complementary Therapists).

Entry Requirements
There are no entry requirements for this qualification. You may enrol into this course at any time and begin studying shortly after enrolment.

Duration & Cost
This is a 30 month course, with a cost of $23,900.

Students in the Advanced Diploma of Western Herbal Medicine must complete the following curriculum

Western Herbal Medicine Core Subjects
Students will complete the following subjects in order to gain their qualification.

- Anatomy & Physiology
- Nutrition 1
- Microbiology
- WHS
- Herbal Medicine 1
- Chemistry (Introduction)
- Biochemistry (Introduction)
- Advanced Anatomy & Physiology
- Counselling
- Pathophysiology & Symptomatology
- History & Philosophy
- Working Well with Others
- Herbal Medicine 2
- Research Skills
- Professionalism in Practice
- Herbal Medicine 3
- Herbal Medicine 4
- Holistic Integration

Clinical Training
250 hours supervised clinical work experience
### Core Units

Subjects in this course are comprised of the following nationally recognised units of competency.

<table>
<thead>
<tr>
<th>Unit of Competency</th>
<th>Unit of Competency Code</th>
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<tbody>
<tr>
<td>Provide dietary advice</td>
<td>HLther607C</td>
</tr>
<tr>
<td>Confirm physical health status</td>
<td>HLTAP401B*</td>
</tr>
<tr>
<td>Provide western herbal medicine treatment</td>
<td>HLther609D</td>
</tr>
<tr>
<td>Manage the control of infection</td>
<td>HLTIN504D**</td>
</tr>
<tr>
<td>Contribute to WHS processes</td>
<td>HLthews300A</td>
</tr>
<tr>
<td>Analyse health information</td>
<td>HLTP501C</td>
</tr>
<tr>
<td>Communicate effectively with clients</td>
<td>HLTCOM404C</td>
</tr>
<tr>
<td>Manage work within the western herbal medicine framework</td>
<td>HLther602D</td>
</tr>
<tr>
<td>Contribute to effective workplace relationships</td>
<td>BSBFLM303C</td>
</tr>
<tr>
<td>Maintain an effective health work environment</td>
<td>HLTHIR501C</td>
</tr>
<tr>
<td>Operate a western herbal medicine dispensary</td>
<td>HLther603D</td>
</tr>
<tr>
<td>Make referrals to other health care professionals when appropriate</td>
<td>HLTCOM406C</td>
</tr>
<tr>
<td>Develop professional expertise</td>
<td>HLTCOM502C</td>
</tr>
<tr>
<td>Manage a practice</td>
<td>HLTCOM503D</td>
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<tr>
<td>Reflect on and improve own professional practice</td>
<td>CHCORG428A</td>
</tr>
<tr>
<td>Apply first aid</td>
<td>HLtFA311A^</td>
</tr>
<tr>
<td>Plan the western herbal medicine treatment strategy</td>
<td>HLther605C</td>
</tr>
<tr>
<td>Apply western herbal medicine diagnostic framework</td>
<td>HLther601C</td>
</tr>
<tr>
<td>Prepare and dispense western herbal medicine</td>
<td>HLther606D</td>
</tr>
<tr>
<td>Provide specialised western herbal medicine treatment</td>
<td>HLther608C</td>
</tr>
<tr>
<td>Perform western herbal medicine health assessment</td>
<td>HLther604C</td>
</tr>
</tbody>
</table>

### Prerequisite Units

<table>
<thead>
<tr>
<th>Unit of Competency</th>
<th>Unit of Competency Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comply with infection control policies and procedures</td>
<td>HLTIN301C**</td>
</tr>
</tbody>
</table>

* HLTAP401B Confirm physical health status, is a prerequisite to HLTP501C Analyse health information.

** HLTIN301C Comply with infection control policies and procedures, is a prerequisite to HLTIN504D. This unit will be provided on a separate Statement of Attainment upon being marked competent. This unit will be trained at no cost.

^ HLtFA311A will be awarded after completion of HLTAID003 with an external RTO provider. This unit will then be credit transferred to allow HLtFA311A to be included on your Advanced Diploma certificate. If you choose to study this unit with our recommended partner, this will be at no additional cost.
The Advanced Diploma of Western Herbal Medicine is delivered using Blended Learning

Blended Learning combines face-to-face and online study.

Students must complete the practical/clinical assessments of their course face-to-face, but have the flexibility of online learning to complete the theoretical components of the course.

This approach gives students the flexibility around attendance and helps overcome distance issues in Australia, given the percentage of the population residing outside of capital cities.

Students benefit from:

- Direct face-to-face learning with current industry trainers
- Practical peer learning components
- Self-paced online learning
- Up to date relevant training content
- A virtual campus environment
- Interactive online discussion forums
- Access to career advisor
- Email support
- Phone support
- Industry related webinars

Practical Assessment Workshops

To provide our students with the most engaging learning experience, Australis Natural Health College comes to you. We are conducting practical assessment workshops at facilities in all major capital cities throughout the country.

Workshops commenced in May 2015 and are run frequently Brisbane, Sydney, Melbourne, Tasmania, Adelaide and Perth.

Upcoming Workshop dates:

**Brisbane**

Proposed Dates: 16, 17, 18, 19th of November – exact dates of workshop confirmed one month prior based on numbers
Venue: Australis College, Level 2 / 170 Leichhardt Street, Spring Hill QLD 4000
Time: 9am to 4pm

**Sydney**

Proposed Dates: 10, 11, 12, 13, 14th of October – exact dates of workshop confirmed one month prior based on numbers
Venue: Level 6 – 10 / 10 Barrack Street, Sydney NSW 2000
Time: 9am to 4pm

**Melbourne**

Proposed Dates: 17, 18, 19, 20, 21st of October – exact dates of workshop confirmed one month prior based on numbers
Venue: Level 6 – 8 / 500 Collins Street, Melbourne VIC 3000
Time: 9am to 4pm
Perth
Proposed Dates: 31st of October, 1st of November – exact dates of workshop confirmed one month prior based on numbers
Venue: Level 1, 484 Albany Highway, Victoria Park WA 6100
Time: 9am to 4pm

Tasmania (near Launceston)
Proposed Dates: 7, 8th of November – exact dates of workshop confirmed one month prior based on numbers
Venue: 200 Norwich Drive, Longford TAS 7301
Time: 9:00am to 4:00pm

Cairns
Proposed Dates: 2, 3, 4, 5th of October – exact dates of workshop confirmed one month prior based on numbers
Venue: Cairns Sheridan Hotel, 295 Sheridan St, Cairns QLD 4870
Time: 9:00 am to 4:00 pm

Adelaide
Proposed Dates: 24, 25th of October – exact dates of workshop confirmed one month prior based on numbers
Venue: Express Training Connections, Lvl 5, 38 Gawler Placet, Adelaide SA 5000
Time: 9:00 am to 4:00 pm

Clinical Placement
It is a requirement for industry accreditation that a certain number of hours of supervised clinical practice is undertaken. Some of these hours will be completed during the practical assessment workshops. The rest will need to be completed externally. The total clinical hours to be completed are:

Western Herbal Medicine: 250 hours

Australis Natural Health College through its Natural Health Training Support Officer will support students in finding clinical placement with an ATMS approve